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PRESS CONFERENCE

Facilitate the work of primary healthcare physicians - faster prevention Exchange of result data from LU1 laboratories via electronic means

Dear All,

The purpose of introducing prevention for cardiac diseases, renal diseases and diabetes at primary healthcare physician level is to contribute to the reduction of future patients suffering from these diseases, that is to say, to undertake all preventive activities for this group of insureds at risk, thus preventing the development of these diseases, and effecting reduced numbers of paties using dialysis, insulin therapy, and fewer patients with cardiac arrests and brain strokes. In order to incentivise this activity, each primary healthcare physicians receives 20% of the capitation every month.

Until the implementation of the new software that was presented in August, the process of implementing prevention at primary healthcare physician level was time-consuming due to the extensive administrative procedure. The new software replaces the use of the existing paper forms. Namely, the primary healthcare physicians printed 7 paper forms for each patient. That amounts to more than 9 million printed forms in two years by the primary healthcare physicians. With the software solution we have enabled electronic operation and no paper use for preventive purposes. The benefit for the primary healthcare physicians is savings of about 6 million denars per annum on toners, paper, printers and services.

We have also announced that we will connect the primary healthcare physicians with all labs at primary level, with whom the Fund has entered into agreements.

Since 16.11.2015, this additional facility will be available to the physicians and the patients. Namely, the results of the blood tests will be directly displayed on the software used by the primary healthcare physicians, and the patient will not need to visit the lab to collect the results and bring them back to its physician. In the period of one year, approximately 650.000 insureds should be part of the prevention activity, and with this software we have cut 1.300.000 potential visits to the labs and the primary healthcare physicians. There will be savings both in time and money, i.e. enormous funds will be saved.

Selected physicians will electronically receive the results of the laboratory findings required for prevention, such as: serum glucose levels, serum creatinine in blood, total cholesterol in blood, a value obtained by OGTT examination (oral glucose tolerance test), presence of proteins in urine.

The new software interconnection shortens the time required for perform preventive check-ups, and eliminates one more visit to the primary healthcare physician and the laboratory. The primary healthcare physicians will have insight in the results and if there is a laboratory examination not older than 90 days, according to the rules for prevention, it will use said results without having to unnecessarily send the patient to another laboratory. In this way, both the patient and the healthcare system are protected.



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The new way of preventive work will be as follows: for a patient called for prevention check-up, pressure, height, and weight are measured, an ECG is performed, and personal and family anamnestic data on diseases (cardiac, renal and diabetes) are collected. After this, the primary healthcare physician issues a referral for laboratory tests, marked in our system for prevention purposes. As soon as the laboratory issues the results, the system recognizes that the results for this insured should be stored in the system. Then, the system notifies the primary healthcare physician that the results for the insured are ready, and the primary healthcare physician uses to complete the prevention and obtain a risk score. Hence, the insured need not come back to the primary healthcare physician. If the risk score classifies the insured at low risk for these diseases, the prevention action is completed. If the risk score classifies the insured at high risk with a possibility of developing the disease, the primary healthcare physician contacts the patient in order to schedule a specialist healthcare consultation.

This software implemented in the Health Insurance Fund enables integration of primary healthcare physicians and laboratories. Now, with a single visit to a primary healthcare physician and a laboratory, the insured will get a prevention screening, and an assessment of the possibility of getting a cardio-vascular disease, renal disease, and diabetes.

The benefits of the software are as follows:

- Electronic data exchange and delivery
- Data overview
- Consistency of data obtained
- Efficiency of the HIFM operations and selected physicians
- Single visit to a selected physician by the insureds
- No need for having the insureds go from the lab back to the selected physician
- Faster implementation of preventive purposes
- Satisfied insureds
- Satisfied selected physicians